



STRONG SWIMMERS CONFIDENT KIDS

**SWIM
LESSONS**

CALHOUN COUNTY YMCA

At the Y, our Red Cross certified swim lesson program teaches children, youth and adults personal safety, stroke development and rescue to develop a life-long passion for swimming and water activities.

Kids who do not swim year-round tend to forget the basics.

Y Member \$55 • Community \$75

GROUP LESSONS
(Five 50-Minute Sessions)

PARENT/CHILD
(30 minutes)

Week long lessons
Monday-Thursday

Evening classes 6:10-7:00pm

One 4-week session
June 1 - 24
Mondays & Wednesdays
6:15pm-6:45pm

Tiny Tots
3-5 years

Polliwog
6 and up

Guppy/Minnow
Advanced

Contact the YMCA at 361-551-2526 for more information.
713 HWY 35 South, Port Lavaca, TX 77979 • ymcagoldencrescent.org



SWIM LESSON REGISTRATION FORM

CALHOUN COUNTY YMCA

PARTICIPANT INFORMATION

Name: _____ Date of Birth: _____ Age: _____
 Gender: Male _____ Female _____ Email: _____
 Address: _____ City/State: _____ Zip: _____
 Parent/Guardian: _____ Phone: _____
 Emergency Contact: _____ Phone: _____

CLASS/SESSION SELECTION:

Y Member \$55 • Community \$75

GROUP LESSONS
 (Five 50minute sessions)

PARENT/CHILD
 (30 minutes)

Each Session: Monday-Thursday 6:10-7:00 pm
 All skill levels taught during each session.
Limit 8 students per time slot

Age Group:

- Tiny Tots (3-5 years)** Designed for kids to learn the basic swimming skills and improve stroke development. Class will work on being comfortable in the water on their own, kicking, front and back floating, breath control and progressive paddle stroke.
- Poliwog (6 and up)** Class will work on floating, kicking, independent swimming and comfort in the water. Front glide, back glide, front crawl, side stroke and back stroke.
- Guppy/Minnow (Advanced)** Class will build on basic skills learned in Polliwog. Will strengthen front crawl, back stroke and will learn breast stroke

One 4-week session

June 1-24
 Monday/Wednesday
 6:15pm-6:45pm

Session:

- May 11-14** **May 18-21**
- June 1-4** **June 8-11** **June 15-18**

- ****NO REFUNDS WILL BE ISSUED ONCE REGISTERED****
- Participants must abide by the Calhoun County YMCA code of conduct. The YMCA has the right to eliminate a participant for misconduct.

Permission for Enrollment and Release of the Calhoun County YMCA from Liability: I give my child permission to participate in Calhoun County YMCA Aquatic Program. I understand that even when every reasonable precaution is taken, accidents can sometimes happen. Therefore in exchange for the Calhoun County YMCA allowing my child to participate in YMCA Aquatic Program, I understand and expressly acknowledge that I release the Calhoun County YMCA and its staff from all liability for any injury, loss, or damage connected in any way whatsoever to participate in YMCA activities whether on or off YMCA premises. I understand that this release includes any claims based on negligence, action, or inaction of the Calhoun County YMCA, its staff, directors, members and guests. I have read and voluntarily agree to this authorization and release.

Authorization of Emergency Medical Treatment: If my child should become ill or injured during a YMCA activity and the YMCA is unable to reach me, the YMCA is authorized to arrange for immediate emergency treatment necessary to ensure my child's health and safety. I accept responsibility for payment of medical services rendered.

Photo/Video Release: I grant permission to the Calhoun YMCA to use photographs and videotapes taken of my child for YMCA publication purposes.

I have read and understand the above information above. My child has permission to participate in the YMCA Aquatic Program with the conditions set forth.

Parent/Guardian Signature _____ Date _____

Receipt #: _____ Date Paid: _____ Member I.D.: _____ Staff Name: _____