Benefiting the Barbara Bauer Briggs Family YMCA



2025 EVENT SCHEDULE

IN OUR 33RD YEAR!!

All events begin with a Captain's meeting 15 minutes prior to event start.

| DATE | DAY | CHECK-IN | START | DIVISION | EVENT | LOCATION | |
|-----------------------|-----------|----------|---------|----------|---------------------------------------------------------------------------|-----------------------------------|--|
| 7/3 | Thursday | | | All | Team Entry deadline for 3 months free YMCA membership for 30 people | Register at YMCA | |
| 8/11 | Monday | | 6:30pm | All | Captain's Meeting | YMCA Boardroom (2 points) | |
| 8/13 | Wednesday | | | All | Final Team Entry deadline / Team Roster | Register at YMCA | |
| 8/25 | Monday | | 6:30pm | All | Captain's Meeting | YMCA Boardroom (2 points) | |
| CORPORATE CUP BEGINS! | | | | | | | |
| 9/13 | Saturday | 7:15am | 7:15am | All | OPENING CEREMONY BANNER COMPETITION | Riverside Park Special Event Area | |
| 9/13 | Saturday | 7:30am | 8:00am | AII | 6-Mile Relay | Riverside Park Special Event Area | |
| 9/13 | Saturday | 9:00am | 9:30am | 1,2,3 | Boardwalk | LOWE FIELD RIVERSIDE PARK | |
| 9/13 | Saturday | 10:30am | 11:00am | 1,2,3 | Bunny-Hop Sack Races | LOWE FIELD RIVERSIDE PARK | |
| 9/13 | Saturday | 12:00pm | 12:00pm | ALL | COMPANY PICNIC | Riverside Park Special Event Area | |
| 9/13 | Saturday | 12:45pm | 1:00pm | ALL | TUG-A-WAR | LOWE FIELD RIVERSIDE PARK | |
| 9/13 | Saturday | 1:45pm | 2:15pm | All | Broad=Jump | LOWE FIELD RIVERSIDE PARK | |
| 9/13 | Saturday | 3:15pm | 3:45pm | 1,2,3 | Obstacle Course | LOWE FIELD RIVERSIDE PARK | |
| 9/13 | Saturday | 4:30pm | 5:00pm | 1,2,3 | HipptyBall races | LOWE FIELD RIVERSIDE PARK | |
| 9/13 | Saturday | 5:45pm | 6:15pm | 1,2,3 | Balloon Toss | LOWE FIELD RIVERSIDE PARK | |
| 9/13 | Saturday | 7:00pm | 7:00pm | All | Kids Event | LOWE FIELD RIVERSIDE PARK | |
| 9/13 | Saturday | 7:45pm | 7:45pm | All | AWARDS | LOWE FIELD RIVERSIDE PARK | |



GENERAL STATEMENT OF PURPOSE, RULES AND ELIGIBILITY

2025 BARBARA BAUER BRIGGS FAMILY YMCA CORPORATE CUP

The purpose of the YMCA of The Golden Crescent Corporate Cup is "to promote Community-wide interest and involvement in fitness and health activities." Toward this end, measures are being taken to help assure fair and equitable competition for all participants.

Specific rules have been developed for each of the events; these rules will be enclosed in your team packet. However, those rules and eligibility requirements governing the competition in general are provided below:

ELIGIBILITY

- 1. In all Divisions (I, II, III) team members must be at least 18 years of age.
- 2. Divisions I, II and III team members must be employed by the sponsoring company, organization or agency at the time of the competition or, if laid off, must still be covered under the company's health insurance plan. In addition, contract labor and part-time personnel that are supplying a required service for that company through September 13, 2025 are eligible to participate with that company. If contract laborers are used, the total number of employees of the contracted Company must be included in the total number of employees. This will determine the division the sponsoring company would fall into.
- 3. **Divisions I, II and III** two companies/businesses may combine to enter a team. The two companies/businesses must have a **total combined of 125 or less employees**. Any group or association interested can submit a written request for approval to the Executive Committee.
- 4. **Divisions I, II and III** unlimited spouse participation will be allowed. (Spouses are considered a married partner and or "significant other" for the purpose of Corporate Cup).
- 5. **Divisions I, II and III** team members <u>must be employed</u> within one of the following counties: Victoria, Calhoun, Refugio, Jackson, Goliad, Dewitt and Lavaca.
- 6. Divisions I, II and III team members must print and sign their name on the Corporate Cup waiver (Event Roster) prior to each competition. All participants must have a valid Texas Driver License or a Texas ID for all events. The team captain is responsible for informing participants.
- 7. Individuals not employed by a corporation, company or agency may enter the competition provided they form teams as representatives of their professional group(s). Examples are as follows: Victoria County Medical Society, Victoria Bar Association, etc. Groups needing special assistance may submit a written request.
- 8. The Corporate Cup Executive Committee reserves the right to review all team entries relative to eligibility.
- 9. In order to obtain full use of all Corporate Cup benefits Divisions I, II and III (which include 30 YMCA membership) teams must return official entry forms and fees by July 3, 2025. No entries will be accepted after August 13, 2025. The YMCA memberships are to individuals who do not have an existing membership. To receive the YMCA membership each participant must go to the YMCA in Victoria to fill out a waiver card.
- 10. Assignment of teams to divisions based on the number of employees will be as follows:

Division I 0 - 125 Division II 126 - 400

Division III 401 & up

However, the Corporate Cup Executive committee will reserve the right to realign the divisions based on the number of teams entered in each.

TEAM COMPOSITION

- It is highly recommended and preferred that each team must have identifying uniforms consisting of, <u>at the minimum, matching T-shirts</u>. However, if a team does not have uniforms, this can not be use for grounds of a protest.
- 2. Divisions I, II and III the team rosters must be typed and in alphabetical order, (last name first) and due on August 13, 2025. Team rosters will include names of all employees and their spouse or significant other (stated next to the employee) by the sponsoring company, organization or agency. Failure to do so may result in loss of points in which the rules committee will determine. If a company has two teams, each team must provide a separate roster. A company is allowed to highlight the participant names on an overall team roster as long as the company provides two separate team rosters.
- 3. Each team member may participate in unlimited events.

Events listed below:

6 Mile Relay Boardwalk Broad-Jump

Bunny-Hop Sack Races

Obstacle Course HipptyBall Races

Balloon Toss Tug-Of-War

- 4. **Divisions I, II and III** Corporations that enter more than one team may not share or crossenter members between teams. Each team scores its own points. No points will be shared or split except for the **CEO points**.
- 5. If you have read through the rules please email confirmation to Rosalinda Ramirez, rramirez@ymcavictoria.org

RESCHEDULE OR CANCEL EVENTS

1. The Corporate Cup Executive Committee reserves the right to reschedule or cancel an event due to circumstances beyond our control. No Refunds.

PROTESTS

- 1. Protests are to be made to the Rules Committee in writing within 20 minutes after the event in which the alleged infraction took place if there is only one (1) heat.
- 2. A verbal protest by the Team or Event Captain must be registered with the Referee/Starter before the start of the next heat of the same event when more than one (1) heat is being run. A written follow-up must be completed by the Team or Event Captain and registered with the Rules Committee within 20 minutes after the event in which the alleged infraction took place. The written protest shall have a time, date and a signature by the Team Captain or Event Captain.
- 3. Decisions of the Corporate Cup Rules Committee are to be considered final and upheld by all involved.
- 4. The Corporate Cup Executive Committee reserves the right to review all protests.
- 5. Teams shall be limited to three (3) protests during the entire competition.

RULES VIOLATIONS

- 1. Teams or team members found in violation of event rules will be disqualified from the event in which the infraction was noted. Teams finishing behind the disqualified group will be moved up in the point standing accordingly.
- 2. The YMCA Corporate Cup Executive Committee reserves the right to review all violations.

DRAWS/POINTS

- 1. All lane assignments and round positions will be done by draw.
- 2. Points will be awarded to each team that participates and successfully completes an event. Failure to enter an event, scratch in an event or forfeit of an event will result in no points awarded for that event.

OVERALL TIEBREAKERS

1. If the top three teams are tied overall on the final day, the total number of first places (per team) throughout Corporate Cup will decide the placement of the teams.

DROPPING EVENTS OR POINTS

- 1. All Divisions (I, II, III) teams will have the lowest scored event dropped automatically from the final score. Either the events not participated in or the event they place low in their division.
- 2. If a team has chosen not to participate in an event, please identify by August 13, before the brackets are drawn up.
- 3. Banner, CEO, and Volunteer points are not considered events, which may not be dropped.

CAPTAIN'S MEETINGS

Two Captain's meetings will be held in the month of August. The Captain of each team or a representative from that team must be present at each meeting. For each meeting attended an additional two (2) points will be awarded. Being a total of four (4) additional points. These points will be added at the end of competition.

Schedule Captains meeting:

| August 11, 2025 | 6:30pm | At YMCA Board Room |
|-----------------|--------|--------------------|
| August 25, 2025 | 6:30pm | At YMCA Board Room |

CEO EVENTS

Divisions I, II and III the CEO or Team Captain is required to email Rosalinda Ramirez, rramirez@ymcavictoria.org, which events the CEO will be participating in for Corporate Cup. When emailing, include the following;

| Company Name: | |
|---------------|--|
| CEO Name: | |
| Events: | |

Email no later than September 4, 2025. **Teams will be awarded an additional two (2) points if requirements are completed.** If changes occur, from the original email, after September 4, 2025, teams need to contact Rosalinda Ramirez ASAP by text (361-220-0308) or email. Teams must receive a confirmation from Rosalinda Ramirez in order for changes to take effect.

Points Awarded for CEO Participation

PLACE: All Event Locations

TIME: During all Corporate Cup Events

Rules:

- 1. **Divisions I, II and III** teams can receive **3 points** added to their score if their CEO actually participates in any Corporate Cup event. An additional **3 points** will be added if the CEO actually participates in more than one event, for a maximum of **6 points** that can be obtained for his/her participation.
- 2. Points will be added to Team scores just prior to the Awards Ceremony after all events have been completed.
- 3. If a CEO represents multiple teams in the competition, he/she will compete on any one team, but points will be awarded to all teams that the CEO represents. Example: If a bank has two teams and their CEO participates in the 1 Mile Walk/Jog and Cycling for one team, each of the bank teams would receive an additional 6 points.
- 4. A CEO is defined as the company's highest-ranking local manager. A place will be allowed on the team registration form for designation and identification of this person. If the CEO has circumstances which will not allow him/her to participate due to medical or being out of town work related, the CEO shall call Rosalinda Ramirez (361-220-0308) to inform her who will be participating in the CEO's place. This alternate should be the company's second highest-ranking local manager (This is NOT if the CEO does not wish to participate, it is if the CEO is legitimately out of town). Any clarification should be directed to the Rules & Scoring Committee.
- 5. If the event in which the CEO participates is the event that the team decides to drop, the CEO points will still be awarded to the team. If a team cannot compete in an event (example: lack of participants) like the Cycling, a team must participate in that event in order to receive the CEO points.
- 6. If two companies combine in forming a team and have two CEO'S each CEO needs to do at least one event to receive their three points. With a total of 6 points maximum.

Background: The intent of awarding points for CEO participation is to encourage management participation and support of their competing teams. It is felt that in doing so, greater overall acceptance and employee participation may result. With an overall higher degree of management support, event and team sponsorships should increase, as will the quality of this community fitness program and competition. It is not the intent of this addition to either penalize or give advantage to any team or group.

VOLUNTEER PROGRAM

PLACE:

Assigned Corporate Cup Events

TIME:

Through September 13, during all Cup events

A great way for a team to earn some extra points! Volunteers are needed to help with each event. Team Volunteers will be well informed of their specific duties, time and location of the event for which they are helping. The Human Resources committee of the Corporate Cup will make assignments of the events. Each volunteer will receive a Corporate Cup Volunteer T-shirt and a point for their team.

Rules:

Volunteers must be at least <u>18 years of age</u>. Each team is limited to 4 volunteers with a maximum of four (4) points earned for their team. Each team will be assigned an event for which they will supply four volunteers. **Teams will turn in a list of which session of events (1st, 2nd, and 3rd preference) they would like to be responsible for by the second captains' meeting.**

Volunteers must sign in with the human resources committee member at the assigned event in order to receive the point for their team. The volunteers must stay for the duration (or find a replacement, 18 or older) that they were assigned to, otherwise no points will be awarded.

Of course, teams may supply more volunteers if desired, but no additional points will be awarded.

BANNER COMPETITION RULES

PLACE:

Riverside Park

DATE:

Saturday, September 13, 2025

TIME:

Check-in event at 7:15am (During the Opening Ceremony)

EVENT:

Banner Competition

Rules:

- 1. **Seven points** will be awarded to each team that carries a banner during the Opening Ceremonies. Showing no banner will result in 0 points. Banners must meet the following criteria:
 - A. Must display Company or Team name.
- 2. The banner must be a **HOMEMADE SIGN** on a twin size sheet (max. size 96" x 66"). All or any portion of the sheet may be used to create the banner. The sheet may be any color desired.
- 3. The banner cannot be a print out or professionally made.
- 4. Points will be awarded as the banner is presented during the Opening Ceremonies.

SPIRIT COMPETITION RULES

PLACE: All Event Locations

TIME: During all Corporate Cup Events

EVENT: Spirit Competition

Rules:

- 1. A panel of judges will evaluate each Corporate Cup Company for "spirit". The winning companies will be announced at the close of competition Saturday, September 13, 2025.
- 2. Company "spirit" will be judged on the following criteria:
 - A. Company spirit during competition,
 - 1. Cohesiveness Strong effort displayed by all team members.
 - 2. Sportsmanship Display of positive attitude and fair play.
 - 3. Cheers/Chants Use of Cheers and Chants to promote a competitive spirit.
 - 4. Enthusiasm Appearance of being "fired-up", excited, etc.
 - 5. Banner Display Use of banner at all events.
- 3. Each Division will have a traveling trophy in the "spirit" competition; no points awarded to the teams.
- 4. Although disqualification as such does not exist in this event, poor sportsmanship, etc. will hurt a company's chances in obtaining the traveling trophy.
- 5. No air horns or drums allowed during inside events.

COMPANY PICNIC

PLACE: Lowe Field, Riverside Park

DATE: Saturday, September 13, 2025

TIME: Check-in 12:00pm, event at 12:00pm

Rules:

1. The meat that will be judge is **Beef Fajitas**. Please bring ONLY the meat to the judges table, no sides.

YMCA CORPORATE CUP 6 MILE RELAY RULES

PLACE: Riverside Park

DATE: Saturday, September 13, 2025

TIME: Check-in 7:30am, event at 8:00am

Rules:

1. Must be 18 years of age.

2. Must be an employee or spouse, NO CHILDREN.

3. Can PARTICIPATE only on ONE team throughout Corporate Cup, regardless of division.

4. Each Corporate Cup Team may enter one (1) relay team to include **five (5)** participants; with a minimum of two (2) women and two (2) men participating.

5. There are 5 legs of the race. The distance and order of the legs are as follows:

Leg 1 - 3.1 mile

Leg 2 - 1/2 mile

Leg 3 - 1 mile

Leg 4 - 1/2 mile

Leg 5 - 1 mile

- 6. Runners will pass batons in the exchange zone. Incorrect baton exchanges will result in disqualification. The incoming runner may not exit the exchange zone without having passed the baton to the next runner. The receiving runner may not exit the exchange zone without having received the baton. Dropping the baton is permitted; however, interference with other competitors is not.
- 7. The course is indicated on the map provided.
- 8. A runner who has not covered the full course may not cross the finish line as a competitor for team points.
- 9. Before the start of the race, the anchor (Leg 5) of each team will receive a wristband by a volunteer or Corporate Cup Committee member. At the end of the race, all anchors will proceed through a funnel in order of finish. Anchors must turn the batons back in at the sign-in table.
- 10. Winners will be determined by best team time.
- 11. Only entrants are allowed to run the course, no pacing along side.
- 12. Metal spikes are not allowed. Softball or soccer shoes with rubber cleats are allowed.

6 Mile Relay

3.1 Mile Leg (consist of 2 Laps): Start at Point A, go on McCright Dr to 1/2 Mile turnaround mark and

onto McCright Dr and finish at Point A. 1 Mile Leg: Start at Point A, on McCright Dr, continue onto Fox Bend Dr and continuing on around back ½ Mile Leg: Start at Point A, go on McCright Dr turnaround mark and finish at Point A. continue onto Fox Bend Dr and continuing on around back onto McCright Dr and finish at Point A. out of the second of the secon GUADALUPE RIVER OX BEND DR POINT A---- CHAMLUPE AVER! TURNAROUND 1/2 MILE - JE GUADALUPE RIVER -RIPPAMONT FIELD SPECIAL EVENTS AREA RIVERSIDE RIVERSIDE GOLF COURSE 3.1 Mile Leg = 1) 12 H 45 /

Place: Riverside Park

Date: Saturday, September 13, 2025

Time: Check-in 7:30am; Event at 8:00am

1 Mile Leg =

% Mile Leg =

YMCA CORPORATE CUP BOARDWALK RULES

PLACE: Lowe Field, Riverside Park

DATE: Saturday, September 13, 2025
TIME: Check-in 9:00am, event at 9:30am

Order of competition: Div. I, II, III

Rules:

1. Must be 18 years of age.

2. Must be an employee or spouse, NO CHILDREN.

3. Can PARTICIPATE only on ONE team throughout Corporate Cup, regardless of division.

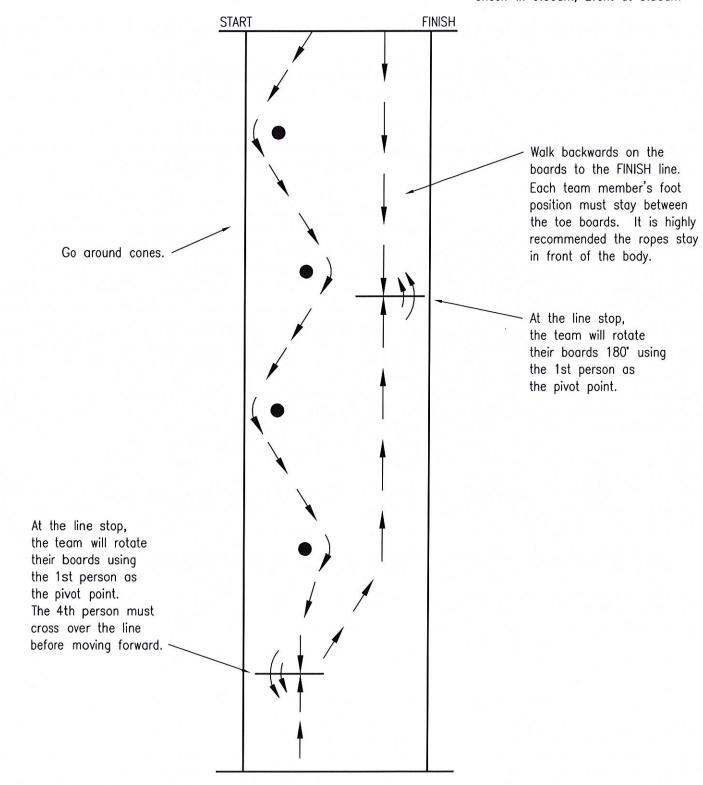
4. Each team will consist of four participants (2 males, 2 females).

- 5. Each pair of boards will be 8' in length and cut from 1x6 wood. The first rope "handle" is attached at 23" from the rear of the board, the next three handles are at 21" intervals.
- 6. With boards lying parallel to each other, each team member will place right foot on one board, left foot on the other. Holding the handles, each team will walk their boards through a cone course to the finish line. If any member falls off the board, that member must get on board again at the point of falling off and the team continues to the finish line.
- 7. All participants must stay in their assigned lanes. Interference with other participants will result in disqualification.
- 8. Teams must cross the finish line with all eight feet on the boards or they will be disqualified.
- 9. The YMCA will provide boards for the event.
- 10. The boards cannot be used backwards, an arrow will show the way for forward progress.
- 11. Metal spikes are not allowed. Softball or soccer shoes with rubber cleats are allowed.

NO PENALTY SECONDS MUST COMPLETE COURSE

BOARDWALK

Place: Lowe Field, Riverside Park Date: Saturday, Sept 13, 2025 Check—in 9:00am; Event at 9:30am



NOTE:

1. Teams must stay within boundaries.

CORPORATE CUP BUNNY HOP POTATO SACK RACE RULES

PLACE: Lowe Field, Riverside Park

DATE: Saturday, September 13, 2025

TIME: Check-in 10:30am, event at 11:00am

Order of competition: Div. I, II, III

Rules:

1. Must be 18 years of age.

- 3. Can PARTICIPATE only on ONE team throughout Corporate Cup, regardless of division.
- 4. Each team will consist of **three participants** with a minimum of one (1) man and one (1) woman participating.
- 5. Each team will hop 50 yards.
- 6. All three participants will begin, at the start line, by running to the sacks, 10 feet from the start line.
- 7. Once the three participants are in the sacks, then the team of three will **form a straight line** (front to back; 1st, 2nd and 3rd person). The 1st person will be the front of the line. The 2nd person must place their hand (left or right) on the 1st person's shoulder (left or right). The 3rd person must place their hand (left or right) on the 2nd person's shoulder (left or right). **If the 2nd person uses their left hand than they must place that hand on the 1st person's left shoulder. The same rule will apply for the 3rd person. The three participants will then hold up their sack with their free hand, above knee level.**
- 8. The team of three must stay connected with one another throughout the race. If they break their connection, the team must stop and reconnect before continuing on with the race.
- 9. No tying of the sack will be permitted.
- 10. No intentional tearing of the sack with ones feet will be permitted.
- 11. The team of three must hop like a bunny. A fast hop is allowed but **NO running** is permitted.
- 12. All participants must stay in their assigned lanes. Interference with other teams will result in disqualification.
- 13. The time stops when any part of the body of the 1st person crosses the finish line.
- 14. The Rules and Scoring Committee will settle all conflicts.
- 15. Metal spikes are not allowed. Softball or soccer shoes with rubber cleats are allowed.

YMCA CORPORATE CUP TUG OF WAR RULES

PLACE: Lowe Field, Riverside Park

DATE: Saturday, September 13, 2025

TIME: Check-in 12:45pm, event at 1:00pm

Rules:

1. Must be 18 years of age.

- 3. Can PARTICIPATE only on ONE team throughout Corporate Cup, regardless of division.
- 4. For **Division I**, each team may consist of no more than 8 participants (4 male, 4 female) and for **Divisions II**, **III**; each team will consist of no more than 10 participants (5 male, 5 female). For all divisions, males and females will be alternately arranged (male, female, male, etc.). Teams may have less than the specified number as long as male, female arrangement is maintained.
- 5. A team may have 2 substitutes (1 male, 1 female).
- 6. The rope will be 1¼" in diameter and 75 feet long with three flags attached to the rope. One flag in the middle and the other two shall be 5'-0" from the center each way.
- 7. A cone will be placed on the ground in line with the middle flag. The object is to pull the opposing team so that the outer flag crosses the cone.
- 8. The referee will indicate with a whistle when the match is over and declare the winner.
- 9. Participants other than the anchor cannot wrap the rope around their hands or bodies. Only the anchor can secure the rope by wrapping it around their waist.
- 10. No tying of rope is permitted by any participant.
- 11. All team participants must be in the same direction when pulling, no one is allowed to turn around backwards.
- 12. Gloves should be worn. Metal spikes are not allowed. Softball or soccer shoes with rubber cleats are allowed.
- 13. There will be a 3-minute time limit for appearance of a late team. Failure to be present will result in forfeiture of the event.
- 14. Sides of the rope from which teams will pull will be decided by a flip of a coin.
- 15. One person from each team is required to signal to the referee when their team is ready to start the pull.
- 16. If pulling back to back a 3-minute rest period will occur if needed.

YMCA CORPORATE CUP TEAM BROAD JUMP RULES

PLACE: Lowe Field, Riverside Park

DATE: Saturday, September 13, 2025

TIME: Check-in 1:45pm, event at 2:15pm

Rules:

1. Must be 18 years of age.

- 3. Can PARTICIPATE only on ONE team throughout Corporate Cup, regardless of division.
- 4. Each team may consist of 8 participants four (4) male and four (4) female. If needed teams may jump with fewer participants.
- 5. The team will begin with the first jumper: from a standing position; jumps forward and stands in his place. Then another team member stands next to his teammate and jumps forward. Etc...
- 6. All eight members will jump in a straight line to determine the farthest distance a team can broad jump.
- 7. Places will be determined by the total distance jump.
- 8. An order of jump will be determined before the last Captains meeting.
- 9. When a person is jumping and they land with their feet uneven, the next jumper will start at the closest foot of the previous jump. If a person falls or steps back during their jump, the next jumper will start from the furthest point back of the previous jump. Participants must move forward only.
- 10. No interference from teammates or opposing teams is allowed.
- 11. Must take off with both feet at the same time, no staggering.
- 12. Metal spikes are not allowed. Softball or soccer shoes with rubber cleats are allowed.

YMCA CORPORATE CUP OBSTACLE COURSE RULES

PLACE: Lowe Field, Riverside Park
DATE: Saturday, September 13, 2025
TIME: Check-in 3:15pm, event at 3:45pm

Order of competition: Div. I, II, III

Rules:

1. Must be 18 years of age.

- 3. Can PARTICIPATE only on ONE team throughout Corporate Cup, regardless of division.
- 4. Each team will consist of four participants (2 males, 2 females).
- 5. No person shall compete in more than one leg of the course.
- 6. Metal spikes are not allowed. Softball or soccer shoes with rubber cleats are allowed
- 7. All participants must stay in their assigned lanes. Interference with other participants will result in disqualification.
- 8. The time stops when any part of the body crosses the finish line.

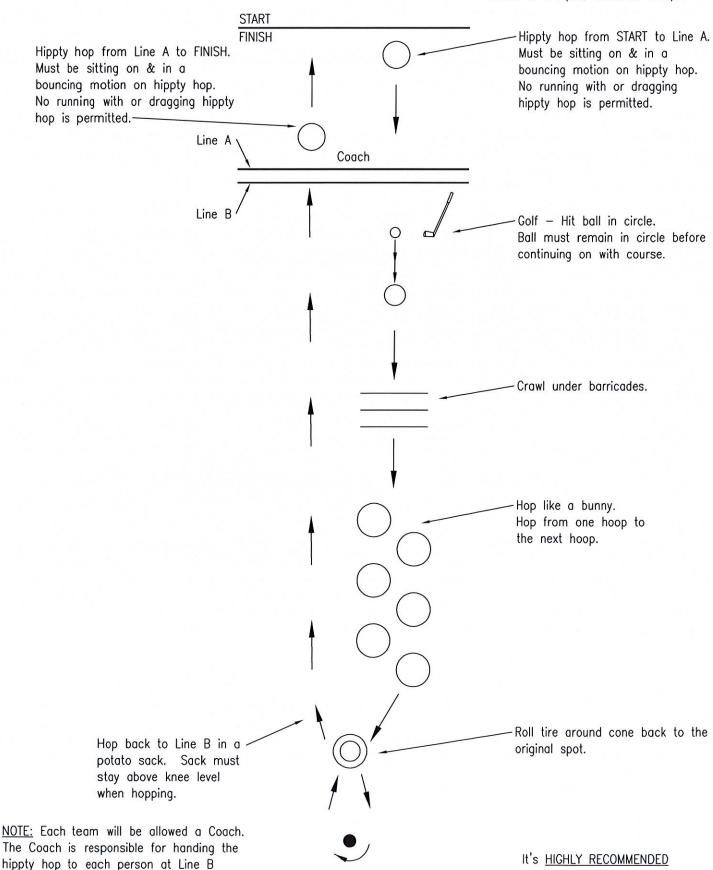
NO PENALTY SECONDS MUST COMPLETE COURSE

and resetting the ball for the putter.

OBSTACLE COURSE

Place: Lowe Field, Riverside Park Date: Saturday, Sept 13, 2025 Check-in 3:15pm; Event at 3:45pm

to wear gloves for this event.



YMCA CORPORATE CUP HIPPTY- HOP BALL RACE RULES

PLACE: Lowe Field, Riverside Park

DATE: Saturday, September 13, 2025

TIME: Saturday, September 13, 2025

Check-in 4:30pm, event at 5:00pm

Order of competition: Div. I, II, III

Rules:

1. Must be 18 years of age.

- 3. Can PARTICIPATE only on ONE team throughout Corporate Cup, regardless of division.
- 4. Each team will consist of **six participants** with a minimum of three (3) men and three (3) women participating.
- 5. Each team will hop/bounce 50 yards.
- 6. Participants will begin, at a start line.
- 7. Three participants at each end of the 50-yard lane behind the start line. Participant one sit's on Hippty-hop ball and begins bouncing down the 50-yard lane, tags participant two at the opposite end in the exchange zone, participant two then bounces across the 50-yard lane and tags participant 3 in the exchange zone etc...
- 8. All participants must bounce/hop across the 50-yard lane. A fast bounce/hop is allowed but **NO running** is permitted.
- 9. All participants must stay in their assigned lanes. Interference with other teams will result in disqualification.
- 10. The time stops when any part of the body of the 6th person crosses the finish line.
- 11. The Rules and Scoring Committee will settle all conflicts.
- 12. Metal spikes are not allowed. Softball or soccer shoes with rubber cleats are allowed.

YMCA CORPORATE CUP WATER BALLOON TOSS RULES

PLACE:

Lowe Field, Riverside Park

DATE:

Saturday, September 13, 2025

TIME:

Check-in 5:45pm, event at 6:15pm

Order of competition: Div. I, II, III

Rules:

1. Must be 18 years of age.

- 3. Can PARTICIPATE only on ONE team throughout Corporate Cup, regardless of division.
- 4. Teams will consist of 4 people, 2 males and 2 females, making up two pairs of team members. Each pair will hold a small towel between them, with which they will catch and toss the balloon.
- 5. First toss will begin with team pairs standing 15 feet apart. At each toss (toss off included) (signaled by a blow of the air horn) only one team pair will move backward the distance designated by the committee person in charge. The stationary team pair must stay behind the line, if either member of the stationary pair crosses the line, team will be disqualified. If multiple teams break their balloon on the same toss, they will be allowed one more toss from the same line.
 - <u>Example:</u> There are 10 teams in the event. After the first toss has been completed, there are 5 teams that missed their toss. Those 5 teams will now compete for Places 6th through 10th. There will be a toss off among the 5 teams. During the toss off there are 2 teams that missed their toss. These 2 teams will be tied for 9th and 10th Place. The other 3 teams will be tied for 6th, 7th and 8th Place.
- 6. The team that gains the greatest distance between team pairs without breaking the water balloon is the winner.
- 7. Water balloons will approximately weigh 1 lb.
- 8. The YMCA will provide 10 regulation balloons to each team at the second captain's meeting.
- 9. The balloon must be caught with the towel, if the balloon lands on the ground without breaking, it'll be considered a miss.
- 10. Gloves may not be worn during the event.
- 11. Towel dimensions are approximately 14"x24".
- 12. Metal spikes are not allowed. Softball or soccer shoes with rubber cleats are allowed.