

CHILD WATCH HOURS

Monday-Thursday	8:00am-1:00pm/4:30pm-8:30pm
Friday	8:00am-1:00pm/4:30pm-7:30pm
Saturday	8:15am-12:15pm
Sunday	Closed

INFORMATION

- Ages 8 weeks-5.5 years.
- Child Watch is complimentary to family memberships and \$3 (per child) for all other memberships and guests.
 - Pay at the front desk and submit receipt to the Child Watch staff to sign your child in.
- There is a 2.5 hour limit per visit with no more than 2 visits per day.
- **We do not allow peanuts, peanut butter or any food containing nuts in the Child Watch area.**

CHILD WATCH

GUIDELINES

Ages 8 weeks-5.5 years.

Child Watch is complimentary to family memberships and \$3, per child, for all other memberships and guests. Pay at the Welcome Center and submit receipt to the nursery staff to sign your child in.

There is a 2.5 hour limit per visit, with no more than 2 visits per day (am & pm).

Parent/Guardian must remain on the premises while child is in the nursery.

Child must be signed in and out. Please inform staff where you will be and provide a phone number in case they need to contact you.

- Only parent/guardians can drop children off. A child can not be dropped off by another family member or friend unless prior written permission has been given.

Children who are sick (head lice, continual cough, conjunctivitis, temperature 100.04 and above, or any other contagious illness) are not allowed in the nursery. If your child is unable to attend school due to illness, they are unable to be in the nursery.

Strollers and car seats must be left in the hallway.

- Parents are the only one who can take children in/out of the car seats/strollers.
- Children are no longer allowed to be left in their car seat in the nursery, please take your child out and place them in the designated baby area or with a staff.

Please change your child prior to bringing them to the nursery. **Staff cannot change diapers or undress/assist children to use the bathroom.** If need arises, staff will find the parent to do so.

Please label all bags, snacks and cups with the child's name. Snacks and comfort items are allowed but **no toys or food containing nuts.**

If your child is inconsolable for 15 minutes and staff has tried everything to calm them, you will be asked to pick your child up. We want everyone to have a fun and safe time.



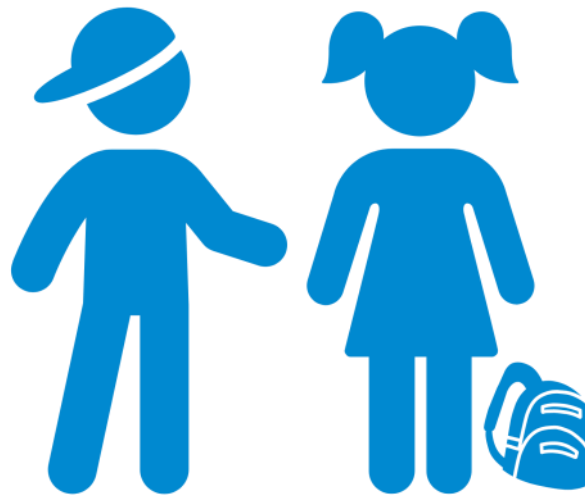


REC ROOM HOURS

Monday-Thursday	4:30pm-8:30pm
Friday	4:30pm-7:00pm
Saturday	8:15am-12:15pm
Sunday	Closed

GUIDELINES

- Ages 5-12 years.
- Rec Room is complimentary to family memberships and \$3, per child, for all other memberships and guests.
 - Pay at the front desk and submit receipt to the Rec Room staff to sign your child in.
- There is a 2 hour limit per visit.
- Parent/Guardian must remain on the premises while child is in the Rec Room.
- Child must be signed in and out. Please inform staff where you will be and provide a phone number in case they need to contact you.
 - Only parent/guardians with custody papers can drop children off. A child cannot be dropped off by another family member or friend.
 - Child must be signed out by the same person who signed them in.
- Please label all bags and snacks with the child's name. Snacks and comfort items are allowed but no toys please.



TEEN ROOM GUIDELINES

Room is only open during YMCA sponsored times (Afterschool, Summer Camp, etc.) Unauthorized use of this space is prohibited.

- Ages 11-18 years.
- All members are required to check in at the front desk.
- Be respectful of others and staff.
- Refrain from the use of profanity, fighting or yelling.
- No public displays of affection (PDA) permitted.
- No music unless through headphones.
- Drinks are permitted in enclosed containers. No food allowed.
- Keep track of your bags and/or water bottles.
- Clean up after yourself.
- Do not move or set up equipment without YMCA staff approval.
- Remember the Golden Rule: Do to others as you would have them do to you.

The YMCA reserves the right to remove anyone not adhering to these posted guidelines. Violation of rules may result in disciplinary action including parental notification, suspensions or expulsion from the YMCA.