

## **GYMNASIUM GUIDELINES**

- Children under 11 years of age may be in the gym <u>WITH</u> adult supervision.
- The gymnasium is reserved at various times. Please consult the posted gym schedule before use. The schedule changes monthly so refer to it often.
  - Sundays are reserved for Y Members only.
  - All participants, of any age or skill level, are allowed an equal opportunity for gym use. Only during reserved times will a group have exclusive use of any area.
- Water and sports drinks in enclosed containers are welcome. No food permitted.
- Please wear proper athletic attire. Non-marking athletic shoes must be worn at all times. Shirts must be worn at all times. Crop tops and sports bras as outerwear are not permitted. Proper athletic attire is determined at the discretion of YMCA staff.
- The YMCA is not responsible for personal injury, lost, damaged or stolen items. Report all injuries to a staff member on duty.
- No hanging or grabbing on the rims or nets at any time. No kicking or inappropriate use of the equipment or balls, and keep balls away from the ceiling, lights, and walls.
  - Do not move or set up equipment/nets without YMCA staff approval
  - Must be at least 12 years old to borrow equipment for basketball.
- Be respectful of others.
  - Refrain from the use of profanity, fighting, excessive yelling, unnecessary aggressiveness, and unsportsman-like conduct.
  - Clean up after yourself.
- Music is not permitted.
- Taking photos of other members or guests is not permitted.
- The Y reserves the right to ask anyone not adhering to the posted rules to leave the premises.



## **RACQUETBALL GUIDELINES**

- The Barbara Bauer Briggs Family YMCA has the <u>ONLY courts in Victoria</u>! We have 2 courts available for you.
- The racquetball courts can be and are often reserved. Please consult the racquetball schedule at the front desk before entering.
  - Reservations are for one hour
  - Reservations can be made in person at front desk or by phone
  - Can only reserve for present day (no future reservations)
- Ages 11 and under may be in the racquetball courts <u>WITH</u> adult supervision. Ages 12 and up are permitted without supervision.
- Please wear proper athletic attire. Non-marking athletic shoes must be worn at all times. Shirts must be worn at all times. Proper Athletic attire is determined at the discretion of YMCA staff.
- Protective eye gear should be worn. Must be at least 12 years old to borrow equipment for racquetball.
- Water and sports drinks in enclosed containers are welcome. No food permitted.
- The YMCA is not responsible for personal injury, lost, damaged or stolen items. Report all injuries to a staff member on duty.
- The Y reserves the right to ask anyone not adhering to the posted rules to leave the premises.