

# STRONG SWIMMERS CONFIDENT KIDS

**SWIM**LESSONS

#### **CALHOUN COUNTY YMCA**

At the Y, our Red Cross certified swim lesson program teaches children, youth and adults personal safety, stroke development and rescue to develop a life-long passion for swimming and water activities.

Kids who do not swim year-round tend to forget the basics.

# **GROUP LESSONS**

(50 minutes)

## **PARENT/CHILD**

(30 minutes)

Y Member \$50 • Community \$70

### Week long lessons

Monday-Thursday

Evening classes 6:10-7:00pm

Tiny Tots

3-5 years

**Polliwog** 

6 and up

**Guppy/Minnow** 

Advanced

One 4-week session
June 3 - 26
Mondays & Wednesdays
6:15pm-6:45pm



PARTICIPANT INFORMA	TION	
Name:	Date of Birth:	Age:
Gender: Male Female	Email:	
Address:	City/State:	Zip:
	Phone:	
Emergency Contact:	Phone:	
CLASS/SESSION SELECTI	ON:	
]	□ <b>GROUP LESSONS</b> (50 minutes)	□PARENT/CHILD (30 minutes)
	Y Member \$50 • Community \$70	
All skill le	Monday-Thursday 6:10-7:00 pm vels taught during each session. it 8 students per time slot	
Age Group:		
□ Tiny Tots (3–5 years) Designed for kids to learn the basic swimming skills and improve stroke development. Class will work on being comfortable in the water on their own, kicking, front and back floating, breath control and progressive paddle stroke.  □ Polliwog (6 and up) Class will work on floating, kicking, independent swimming and comfort in the water. Front glide, back glide, front crawl, side stroke and back stroke.  □ Guppy/Minnow (Advanced) Class will build on basic skills learned in Polliwog. Will strengthen front crawl, back stroke and will learn breast stroke		One 4-week session  June 3-26  Monday/Wednesday 6:15pm-6:45pm
<u>Session:</u>		
□May 20-23	□June 17-20	
□June 3-6	□June 24-27	
□June 10-13		
**NO REFUNDS GIVEN AFTER FIRST CLA     Participants must abide by the Calhoun	NSS OF SESSION** County YMCA code of conduct. The YMCA has the right to eliminate a partici	pant for misconduct.
gram. I understand that even when every rea allowing my child to participate in YMCA Aqu liability for any injury, loss, or damage conne release includes any claims based on negliger tarily agree to this authorization and release Authorization of Emergency Medical Treatme authorized to arrange for immediate emerger rendered.	E Calhoun County YMCA from Liability: I give my child permission to participat sonable precaution is taken, accidents can sometimes happen. Therefore in exactic Program, I understand and expressly acknowledge that I release the Calh exted in any way whatsoever to participate in YMCA activities whether on or cance, action, or inaction of the Calhoun County YMCA, its staff, directors, members.  Ent: If my child should become ill or injured during a YMCA activity and the YMCA treatment necessary to ensure my child's health and safety. I accept response Calhoun YMCA to use photographs and videotapes taken of my child for YMCA.	schange for the Calhoun County YMCA oun County YMCA and its staff from all off YMCA premises. I understand that this bers and guests. I have read and voluncial of the YMCA is consibility for payment of medical services
	nation above. My child has permission to participate in the YMCA Aquatic Pro	
Parent/Guardian Signature Date		

Member I.D.:\_

Staff Name:

Date Paid:\_

Receipt #:\_