

Meet the Y Sports Trainer



Hello! My name is Anneliese Covarrubias. My journey in soccer started when I was 4 years old, and I have been playing in organized sports since. I developed a passion for soccer, and I am currently the captain of the varsity team at Victoria West. I have played every position this year (except goalie), and I have earned 1st team all-district every year while in high school. I have been the soccer coordinator for the YMCA for the past year, and I have volunteered to coach several teams. My focus for private or small group lessons is expanding upon the basics. With a firm foundation of basic skills, your athlete will gain advancement in knowledge of the game and improvement in their footwork. I provide a safe place for soccer players to try new skills, and instill confidence as competency in abilities evolve. I would like to pay forward the valuable lessons I have been taught by my trainers and coaches that have quided me to continued successes both, on and off the soccer field.